



SATURDAY, APRIL 12, 2025
RUNNERS TO START LINE AT 7:20 A.M.

RUNNER'S GUIDE





BIB/SHIRT PICK UP

All you need is your **RunSignUp.com** registration confirmation or your driver's license. If you would like to pick up someone else's packet, you must bring their ID or RunSignUp registration.

YOU COULD BE A WINNER! Pick up your packet on Wednesday, April 9th or Thursday, April 10th and your name will be entered into a drawing for a **Gift Basket!**

WHEN	Wednesday, April	Thursday, April
	9	10
	9:00 a.m. - 7:00 p.m.	7:00 a.m. - 2:00 p.m.

or pick up bib and shirt at race site on race day between 6 a.m. and 7:30 a.m. No pick-ups after 7:30 a.m.!

WHERE	Tampa International Airport SkyCenter One 5411 Skycenter Drive, Tampa FL 33607 From the George J. Bean Parkway, follow the signs for SkyCenter One.
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BRING	RunSignUp.com registration confirmation or your driver's license. If you are picking up for other runners, you will need their confirmation also.
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RAFFLE

As if having the opportunity to run down Runway 10-28 isn't cool enough! You can enter to win roundtrip tickets on the following airlines:

Raffle tickets will be available for purchase at packet pick-up, day of event, and online at RunSignUp.com/race/FL/Tampa/TPA5KontheRunway

- \$5 each or \$20 for 5
- Cash, credit or checks accepted (made to UWS)
- Proceeds benefit United Way Suncoast
- You choose which tickets you'd like to win
- You don't need to be present to win
- Raffle is open to anyone
- Drawing will be at the conclusion of the 5K

AIRLINE RAFFLE

	2 roundtrip tickets on Avelo Airlines
	2 roundtrip tickets on Breeze Airways
	2 roundtrip tickets on Cayman Airways
	2 domestic roundtrip tickets on Delta Air Lines
	2 roundtrip tickets on JetBlue Airways
	2 roundtrip tickets on Porter Airlines
	2 roundtrip tickets on Silver Airways
	2 domestic roundtrip tickets on United Airlines

MODEL AIRPLANE



A TPA themed Airbus A330-300 model airplane (1:120 scale)

PHOEBE'S FABULOUS TRAVEL ESSENTIALS



Curated by WaypointeTPA, the Shops & Restaurants at Tampa Airport

This collection of products, which can all be found in Tampa Airport's shops, has a value of over \$1,900.

- Olive Backpack and Tumi International Expandable Carry-on with luggage strap
Tumi (Airside F)
- Bose Quiet Comfort Ultra Headphones
Tech on the Go (Airside C&F)
- Commuter Cup
PGA Tour Shops (Main Terminal)
- Passport Holder
The Apartment (Airside A)
- Salt Pines Hat and Neck Pillow
Shoppes at Bayshore (Main Terminal)



RACE DAY

EVENT TIMELINE

- 5:00 a.m. Exhibitor set up
- 6:00 a.m. Parking gate opens / Race bib/Shirt pick up
Exhibitors open
- 7:05 a.m. Fitness Warmup (Exhibitor Area)
- 7:20 a.m. Runners move to start line
- 7:30 a.m. Bib/Shirt Pick-up table closes
- 7:45 a.m. Announcements at the start line
- 7:50 a.m. National Anthem
- 7:55 a.m. Wheelchair start
- 8:00 a.m. Race start
- 9:00 a.m. Race conclusion
(courtesy vehicle pick up if necessary)
Post-race brunch provided by WaypointeTPA,
the shops and restaurants at Tampa
International Airport
- 9:10 a.m. Awards ceremony
 - wheelchair division, top three men,
women & youth divisions
 - Airline raffle ticket drawing
- 10:30 a.m. Event concludes



RACE INFORMATION

1. No strollers (on the runway), skateboards, rollerblades, bikes or pets allowed.
2. No selfie sticks are allowed on the runway.
3. Stay on the course. Anyone deviating from the course will be removed from the race.
4. No littering. Please help us keep the area free of debris!
5. DO NOT forget your bib!
6. DO NOT bend the bib!
7. Adhere the bib to the front center chest area of your shirt.
8. Race results will be posted on RunSignUp and on Second Wind Timing.



THE COURSE

PARKING

Free parking is available only in the designated area of the Hillsborough Community College-Dale Mabry Campus lot. Enter off of Tampa Bay Blvd., just west of Dale Mabry Highway. Follow the signs. The physical address is 4001 W Tampa Bay Blvd, Tampa, FL, 33614. You cannot get to the race from the main terminal via the George J. Bean Parkway.

RACE COURSE



Parking: Signs will be posted and staff will be there to guide you to designated parking area. Take crosswalk across Tampa Bay Blvd. and follow sidewalk to race site entrance. STAY ON SIDEWALK to enter the race site for TSA stadium-style bag check.

REMINDER

Runners move to start line at 7:20 a.m. so the race can start promptly at 8:00 a.m. Bib/Shirt pick up table closes at 7:30 a.m. Any late arrivals may not be able to run.